

Convenience Services

What's on your "to-do" list? The convenience services included in your LifeMatters benefits can make quick work out of many of the day-to-day chores that occupy your spare time.

The free convenience services available 24/7/365 through LifeMatters will help you find services in a variety of areas, including:

- ▶ Pet sitters
- ▶ Veterinarians
- ▶ Pet obedience training
- ▶ Apartment locators
- ▶ School searches
- ▶ Senior health resources
- ▶ General health resources
- ▶ Alternative health resources
- ▶ Diet and nutrition
- ▶ Fitness centers and programs
- ▶ Home maintenance
- ▶ Travel services
- ▶ Volunteer services
- ▶ Emergency services

Real-life examples of convenience services requests include:


- ▶ I need information on obtaining a passport.
- ▶ My son threw a football through our custom window blinds. Does anyone repair them in our area?
- ▶ I'm looking for a self-defense class, and I'd prefer one that's on my route between home and work.
- ▶ My handwriting is causing problems at work. Can you help me find a handwriting consultant?
- ▶ My extended family wants a reasonably-priced vacation on the water for spring break. Could you give me a list of family-friendly locations and resorts?
- ▶ We're moving for my wife's new job. I'm looking for an apartment that fits our budget and information about schools.
- ▶ My house was damaged in a storm. I need information on reliable, reasonably-priced repair services.
- ▶ I want to eat healthier. Can you help me locate a nutritionist?
- ▶ Our family veterinarian is retiring. What are the options for new providers in our area?

LifeMatters is available to assist with your convenience service needs. Call anytime.



Call **LifeMatters®** toll-free
anytime. **1-800-634-6433**

Assistance with Life, Work, Family, and Wellbeing • 24/7/365 TDD and language translation services are available

Visit **LifeMatters®** online at mylifematters.com; Refer to the EAP benefits website page for the password
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